
To be completed by Healthcare Provider (*Currently Licensed Physician or Mid-Level Provider*)

Student Name _____ Birth date _____

Height _____ Weight _____ Pulse _____

Blood Pressure _____ Resp _____

Vision (Snellen) / R/L Corrected / R/L

Near Vision _____ Color Blindness _____

Hearing _____ R _____ L

Check if normal:

_____ General Appearance _____

_____ Head & Scalp _____

_____ Face & Skin _____

_____ E.E.N.T. _____

_____ Neck _____

_____ Heart _____

_____ Lungs _____

_____Breasts _____

_____Abdomen _____

_____Back & Spine _____

_____Extremities _____

_____Lymphatics _____

_____Neurological _____

_____Genitourinary _____

Allergies: (to medications and other substances-please list):

Medications you are presently taking:

Present or chronic medical problems:

Nurses must possess certain physical, emotional, and mental attributes in order to provide safe and effective patient/client care. The National Council of State Boards of Nursing, Inc. (www.ncsbn.org) has identified the following as competencies and performance standards for nursing students and nurses as essential to practice safely, with or without reasonable accommodation:

Competency	Performance Standard	Examples (Not-all Inclusive)
Physical & Mobility	Gross and fine motor skills, strength, mobility, and endurance sufficient to provide safe and effective nursing care.	<ul style="list-style-type: none"> • Maneuver within confined spaces • Move quickly • Move and position patient/clients • Operate large and small equipment • Lift & transfer objects up to 50 pounds • Carry objects up to 25 pounds • Intermittently push objects over 100 pounds • Ability of bending or stooping 1 inch from the floor • Stand/walk 8-12 hour shift • Can administer CPR procedures
Sensory Perception	Hearing, vision, and tactile function sufficient to assess and monitor health status and provide a safe environment.	<ul style="list-style-type: none"> • Hear alarms • Hear blood pressure & heart sounds • Observe patient/client responses • Read monitors and charts • Feel body surface characteristics and pulses • Finger dexterity to perform palpation and percussion • Finger dexterity to perform therapeutic interventions, e.g., insertion of a catheter • Perceives attributes of object such as size, shape, temperature or texture

Environmental Risks Associated with Nursing Practice

You may anticipate the following environmental risks associated with nursing practice.

- Exposure to blood/body fluids as required for invasive procedures and treatments.
- Frequent exposure to infectious agents.
- Frequent exposure to chemical compounds of medications and treatments.
- Continuous exposure to hazardous chemicals such as disinfectants, cleansers, soap, etc.

- Continuous exposure to latex, plastic and/or materials which are used for personal protective equipment.
- Occasional exposure to loud and unpleasant noises, as well as bodily injury due to unpredictable behavior of others, including patients/clients.
- Seasonal exposure to heat, cold, and humidity due to patient/client and agency options to control their environment.

Nursing Students must be able to physically and mentally perform nursing services or duties with reasonable skill and safety to avoid endangering the health and safety of persons under their care. Is the general health of this student adequate to allow participation in a nursing education program and can he or she perform the above competencies?

Name of Physician or Mid Level Provider (Print Clearly)

License #

Address

Signature _____ Date _____

This information is confidential.